Sandy Point, West Haven

Be a Good Egg Table Location: Sandy Point is located at the corner of Beach St. and 3rd Ave. extension in West Haven, CT. Volunteers should set-up the table at the southwest end of the parking long, near the bridge over Old Field Creek.

About Sandy Point: The Sandy Point Important Bird Area is actually made up of two sand spits that extend into New Haven Harbor. Morse Point, the spit adjacent to Long Island Sound provides habitat for nesting piping plovers, least terns, American oystercatchers, and occasionally common terns and black skimmers. Sandy Point proper, the more northern spit, is an important high tide roosting spot for migrating shorebirds. The mudflats between the two spits are exposed at low tide and provide foraging opportunities to shorebirds, herons and egrets. Sandy Point is one of three Horseshoe Crab sanctuaries in the state of CT.

Regulations: Pets are not permitted on the beach (leashed dogs are allowed in the parking lot and along the sidewalk). The following objects and activities are not permitted on the beach: alcoholic beverages, glassware, littering, dumping, disorderly conduct, fires, cooking, fireworks, motorized vehicles, boats or trailers, disturbing or damaging plants, hunting and weapons, or excessive horseplay. Horseshoe crab harvesting is banned at this location.

Suggested outreach: Volunteers should ask beachgoers to stay out of string fencing, avoid bringing their dogs on the beach, and not leave trash (including fish parts), that is attractive to predators, on the beach.